

# Seniors Lunch

**MONDAY-FRIDAY | 11:30AM-2:30PM**

**FISH AND CHIPS (GFA) | ONE PIECE 19 | TWO PIECES 24**  
choice of battered, crumbed or grilled, chips, salad, lemon, tartare

**CHICKEN SCHNITZEL | 21**  
choice of gravy, chips, salad

**BEEF SCHNITZEL | 22**  
choice of gravy, chips, salad

**ADD PARMIGIANA | 4**

**ROAST OF THE DAY (GFA) | 23**  
roast potato, carrot, pumpkin, gravy

**SALT AND PEPPER SQUID | 24**  
sweet chilli and lime sauce, chips, salad, lemon

**FRIED CHICKEN WRAP | 17**  
bacon, cheese, lettuce, tomato, garlic aioli, chips

**PORK CUTLET (GF) | 26**  
pineapple turmeric glaze, bok choy,  
Asian fried rice, toasted coconut

**ATLANTIC SALMON (GF) | 28**  
smoky tomato jaew, cucumber salsa, lime yoghurt, coconut rice

**VIETNAMESE BEEF SALAD (GFA) | 23**  
wombok, fried noodles, red onion, mint, chilli, coriander, salted peanuts,  
carrot, peanut dressing

**CAESAR SALAD (GFA) | 19**  
bacon, cos lettuce, parmesan, anchovies, croutons,  
caesar dressing, poached egg

**COFFEE & CAKE (GFA) | 8**  
selection of desserts in our cake fridge, espresso coffee

**ADD MUG | 1**

**Monday to Friday lunch only.** Not available on public holidays. Please inform our staff of any allergies.  
(GF) Gluten Free | (GFA) Gluten Free Available | (V) Vegetarian | (VE) Vegan